



Mental Health Awareness Week Breakfast Seminar - Event

On Thursday 17th May 2018, 8.00am Coffee – 8.30am Start. Hospitality Action, in partnership with HR in Hospitality, will be hosting a free breakfast seminar at The Royal Lancaster London about mental health awareness for hospitality professionals as part of Mental Health Awareness Week. The aim of this seminar is for you to gain a wider understanding of the issues surrounding mental health in the workplace, specifically focussing on employee stress, how to spot it and how to combat it. To sign up for this free seminar please email your name, job title and company ASAP to Astrid Wears-Taylor via astrid@hospitalityaction.org.uk